

Termine: donnerstags 16-18 Uhr (**reservierte Termine und Themen**)

~~18.4. / 25.4. / 2.5. / 16.5. / 23.5. / 6.6. / 13.6. / 20.6. / 27.6. / 4.7. / 11.7. / 18.7. / 25.7.~~

(13 Seminartermine)

Selection of Topics 1-16 (The sub-headings outline the potential content)

1. The era of the discovery of ionizing radiation and subsequent fascination with ionizing radiation
 - discovery of X-rays and natural and artificial radioactivity
 - new insights into atom composition; models of the atom
 - why do some atoms decay?
 - first knowledge of the biological effects of ionizing radiation (Radium girls etc.)
2. Why doesn't one cappuccino kill us but 1 Sv radiation does? Interactions of different types of ionizing radiation with matter; Specific aspects of interactions with biological systems
 - why doesn't one cappuccino kill us but 1 Sv radiation does?
 - Interactions of different types of ionizing radiation with matter
 - Specific aspects of interactions with biological systems
3. **New perspectives in radiotherapy: photonic vs. particle radiation, new irradiation techniques and regimens**
 - standard photon therapy
 - stereotactic radiosurgery (SRS)
 - proton irradiation
 - heavy-ion irradiation
 - FLASH
 - hyperfractionation
 - hypofractionation
 - brachytherapy
 - boron neutron capture therapy
 - radio-immuno therapy (etc.)
4. Therapeutic possibilities of radioprotection and radiosensitization
 - chemical radioprotectors and radiosensitizers,
 - metal nanoparticles as new nanodrugs in cancer therapy
5. Deterministic vs. stochastic effects of ionizing radiation; carcinogenesis
 - mechanism of deterministic vs. stochastic effects
 - acute vs. late effects
 - high vs. low dose effects
 - acute radiation syndrome (ARS)
 - general principles of radiation carcinogenesis and results from epidemiological studies

6. **Current topics in biophysical and radiobiological research, current research methods .**

- DNA: analysis of chromosomal aberrations (classic karyotyping, FISH, 3D-FISH, mFISH, mBanding, gene sequencing)
- RNA: qRT-PCR; RNA-CHIP technology, northern blotting
- PROTEINS: Western blotting
- CELL STATUS ANALYSES: clonogenic assay, flow cytometry and other
- methods to analyze cell cycle distribution, apoptosis and cell survival, real-time monitoring of cell proliferation, analysis of cell migration
- SPECIAL METHODS: confocal microscopy of fixed and live cells, nanoscopy (SMLM)
- genome-scale (omics) approaches: profiling of genomes, transcriptomes, proteomes; structuromics
- irradiation of cell cultures with different types of ionizing radiation, etc.

7. Radiation sources contributing to overall human exposure, health risks from radiation in the context of otherwise dangerous lives

- which sources of ionizing radiation contribute the most to human exposure?
- natural sources of ionizing radiation - Cosmic radiation, terrestrial radiation, etc.
- atomic bomb testing
- nuclear disasters
- growing radiation exposure and health risks associated with injudicious medical application of ionizing radiation (preventive whole-body CT scans, panorama dentistry scans, mammography in BRCA1-mutated patients, etc.)

8. Nuclear disasters and lessons for the future (2 talks)

- comparison of causes and consequences of various nuclear disasters
- Project Manhattan – the most extensive and magnificent project in human history; the largest concentration of scientists in one place; Robert Oppenheimer: “Now I am become Death, the destroyer of worlds” – Philosophical and ethical aspects of atomic bombing of Hiroshima and Nagasaki
- Chernobyl - worst radiation disaster ever
- Fukushima - a mighty force of nature
- Three Mile Island - when protection in depth is working
- Majak - when human lives don't matter
- and other small but surprising radiation accidents
- basics of radiation protection
- necessary caution with regard to media reports on "radioactivity"
- the forgotten heritage of the overground atomic bomb tests

9. Cosmic radiation, health risks to astronauts during inter-planetary flights

- the spectrum of cosmic radiation (low earth orbit vs. space)
- the effects of single particles (ions)
- is there any co-effect cause by micro-gravity

10. Radiation DNA damage and DNA repair at the molecular level

- types of (radiation) DNA damage
- DNA double-strand break repair
- repair of other types of DNA damage

11. Cell nucleus as the main target for ionizing radiation: DNA damage, repair and misrepair in the context of chromatin

- why is DNA the main target for ionizing radiation?
- various types of DNA lesions, effects of sparsely and densely ionizing (high-LET) radiation in functionally and structurally distinct chromatin domains
- DNA repair mechanism and efficiency in the context of chromatin architecture
- chromosomal aberration formation, biodosimetry
- epigenetics and epimutations
- factors influencing DNA repair pathway selection at the pan-nuclear scale and at individual damage sites

12. What makes cells and organisms radiosensitive or radioresistant, examples of extremely radioresistant organisms

- amplification of genes of the resistance to radiation
- the contribution of the immune-system (late Chernobyl effects on nature)

13. Differences in the response to radiation of normal and cancer cells

- hereditary mutations in DNA repair genes
- cell cycle distribution and cell cycle defect
- hypoxia
- chromatin architecture
- ROS homeostasis
- defects of apoptosis
- bystander effects

14. The necessity for a multidisciplinary approach in biophysical research – physical, physico-chemical, chemical, biological and medicinal effects of ionizing radiation

- linear, non-threshold assumption in radiation protection
- improving the safety protection rules
- research results vs. political reasoning

15. Nonsenses about ionizing radiation and its (health) effects in media

- the differences between French and German salad after the Chernobyl disaster
- the German “Molkezug” and its travelling through the country
- statistics and politics about leukemia around atomic power plants

16. Principles and rules of radiation protection

- distance, time, shielding,
- dose limits for professionals and normal population
- The ALARA principle